

## SCHEDULE-XX

### Minimum Essential Standards : Requirements of Equipment and Instruments Etc, For Yoga And Riyazat under the Department of Tahaffuzi Wa Samaji Tib in the Attached Teaching Hospital

SerialNo.	Equipmentand Instruments	Sixty students intake capacity	One hundred students intake capacity	One hundred fifty students intake capacity	Two hundred students intake capacity	Available	Deficiency
(1)	(2)	(3)	(4)	(5)	(6)		
1	Yoga mat	Five	-	-	-	Available	0
2	Yoga folded blanket	Five	-	-	-	Available	0
3	Yoga foam rollers	Asrequired				Available	0
4	Yoga exercise ball	Asrequired				Available	0
5	Yoga wheel	Asrequired				Available	0
6	Yoga wedge	Asrequired				Available	0
7	Yoga wooden block	Asrequired				Available	0
8	Yoga bolster	Asrequired				Available	0
9	Yoga sandbag	Asrequired				Available	0
10	Yoga belt or straps	Asrequired				Available	0
11	Yoga-Resistance band	Asrequired				Available	0
12	Meditation cushion	Asrequired				Available	0
13	Meditationchairor Backless chair	Asrequired				Available	0
14	Yogaanti-gravity wallropefull set	Asrequired				Available	0
15	Yoga head stand bench	One	-	-	-	1	0
Note: The listed items in the table are minimum essential standard requirements. However, the department shall maintain and provide all facilities including equipment, instruments for Yoga and Riyazat and for providing clinical teaching and training.							